

Eerde IBS Safeguarding Info for Parents

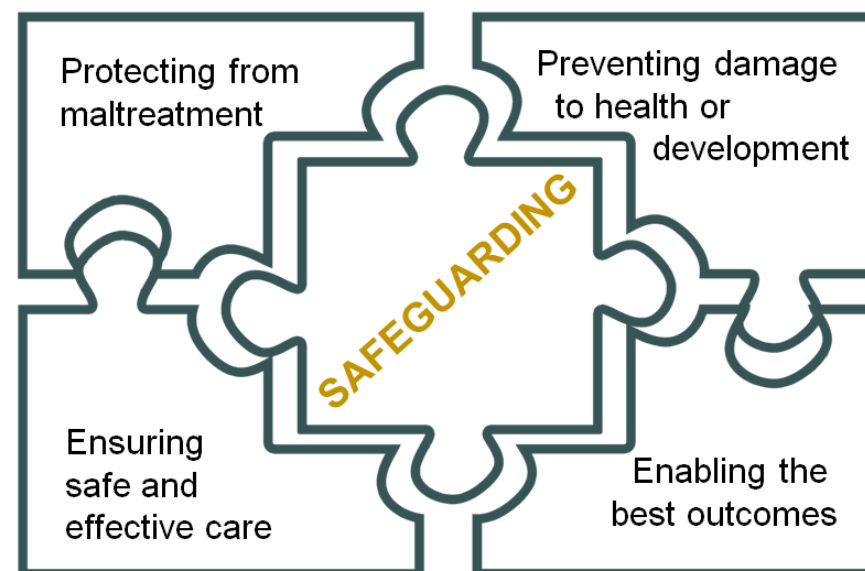


What is Safeguarding?

Safeguarding means protecting children and young people from anything which causes them harm or prevents them from developing and thriving.

Eerde has in place policies to ensure we are safeguarding our students. It is important that, as parents, you are aware of our policies and procedures and of who to contact if you have concerns.

It is also extra important to be aware of issues which might affect your children during periods of lock-down and online learning.



Things which might affect our children and young people:

Bullying

Depression

Sex

Body Issues and Image

Worrying Secrets

Sexuality

Relationships

Drugs and Alcohol

Anxiety

Abuse

Health and Wellbeing

Trouble at Home

Online Abuse

Mental Health

Self Harm

Useful information about Safeguarding, what it means and the particular difficulties families may experience as a result of coronavirus can be found on the NSPCC website:

NSPCC

<https://www.nspcc.org.uk/what-is-child-abuse/>

<https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/>

<https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/>

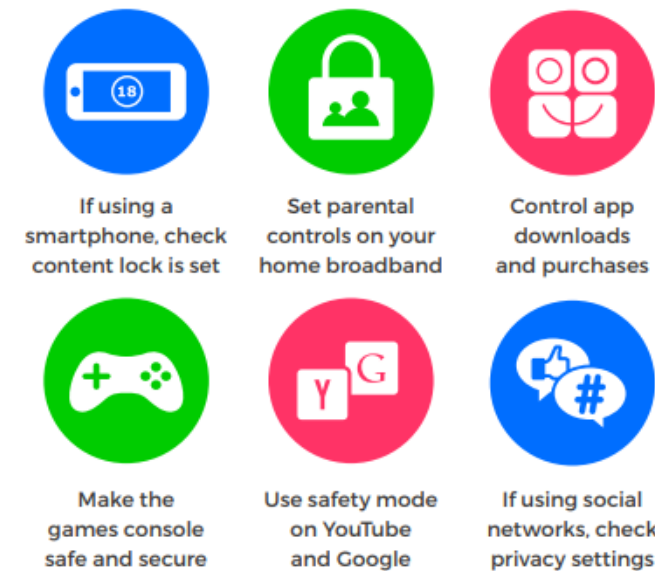
Eerde IBS Safeguarding Info for Parents



Online Safety

So much technology is available to our children and young people. This offers fantastic opportunities to learn and share, but it can also pose dangers. It is important that you are aware of what your child is doing online and how to protect them, especially during periods of online/ lockdown learning. (taken from <https://www.internetmatters.org/resources/online-safety-guide/>).

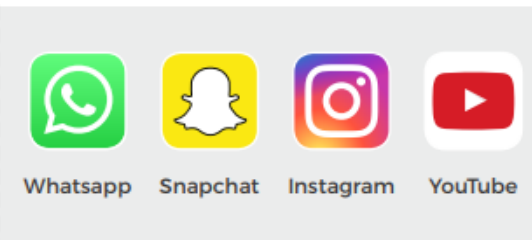
Get in control of parental controls



Go to [internetmatters.org/controls](https://www.internetmatters.org/controls) for step-by-step guides

Managing privacy settings on apps

11-15 year olds use on average 5 different websites and apps to communicate with friends at home, the most popular being Instagram (60%).



If your child is using these networking sites and respective apps, get up to speed on how they can manage their privacy settings with our "How to guides".

Go to [internetmatters.org/back-to-school](https://www.internetmatters.org/back-to-school) to download our "How to guides".

Get familiar with regular conversations

- Start a conversation when your children will be more receptive and engaged, such as on the way to or from school
- Ask them for advice on how to do something online and use this as a conversation starter
- Make sure they know they can come to you if they're upset by something they've seen online
- Be sensitive and encourage them when they share their online experiences with you
- If your child talks about an issue with you, stay calm and listen without judging them

Check they know the rules

- Don't share personal information like their phone number or email address online
- Only talk to real life friends or family if they are on sites with a social media element
- Explain that people they meet online might not be who they say they are
- Tell them to be a good online friend and not to say nasty things even if it's just a joke
- Use secure and legal sites to download music and games
- Make sure they check with you before downloading any programs to avoid viruses

Helping parents keep their children safe online.

[internetmatters.org](https://www.internetmatters.org)

Key issues you may want to discuss

Cyberbullying

Prevention is always better than the cure when it comes to this issue. Help your child understand the consequences of what they share online and encourage them to be "kind online". If they are the target of cyberbullying, be sure to keep all messages as evidence and block the bullies on social networks.

For more advice about cyberbullying visit [internetmatters.org/issues/cyberbullying](https://www.internetmatters.org/issues/cyberbullying)

Sexting

There are many reasons why young people get involved in sexting; exploring sex and relationship or pressure from a partner or friends. Having an open and honest conversation about it can help them understand the implications of sending a nude image and highlight that it is illegal.

If your child has sent a nude image and it has been put online; report it to CEOP and contact Childline who can help you get all known copies removed from the internet [internetmatters.org/issues/sexting](https://www.internetmatters.org/issues/sexting)

These websites offer really helpful information and advice about staying safe online:

Better Internet for Kids - <https://www.betterinternetforkids.eu/web/portal/home>

Safer Internet Centre Netherlands - <https://saferinternetcentre.nl/>

Safer Internet Centre UK - <https://www.saferinternet.org.uk/advice-centre/parents-and-carers>

Internet Matters - <https://www.internetmatters.org/resources/esafety-leaflets-resources/>

Eerde IBS Safeguarding Info for Parents



Eerde's Safeguarding Team

THE COMMITTEE FOR STUDENT SUPPORT



Amy Ramsey

Academic Director
aramsey@eerdeibs.nl



**Christel
Brandwagt**

Operations Manager
cbrandwagt@eerdeibe.nl



Katie Voelker

Welfare Officer
kvoelker@eerdeibs.nl



Gerdien Ort

Head of Student Life and Enrichment
gort@eerdeibs.nl



Aniel Khoenkhoen

Boarding Parent - Safeguarding
akhoenkhoen@eerdeibe.nl

Reporting Concerns and Getting Advice

The school is here to support you in any way you need. If you have concerns about a child or young person you can contact one of the members of the Committee for Student Support - a special team who work together to ensure our students are safe and supported.

You can also talk to your child's tutor, boarding parent, course coordinator or a member of staff you feel comfortable with. All of the staff at Eerde are trained in Safeguarding and Child Protection and will know what to do if you have an issue.

If you would like to seek advice or do not feel able to talk to the school directly you can also contact:



Veilig Thuis/ Safe at Home

is an organisation in the Netherlands who deal with cases of domestic violence and child abuse. They have a number you can call to seek advice on their website:

<https://veiligthuis.nl/>



Breintje Beer Jeugd

Is an organisation we work with for educational psychology, counselling and support with educational needs.

<https://breintjebeer.nl/>

Eerde IBS Safeguarding Info for Parents



These websites also offer useful support for young people and parents:



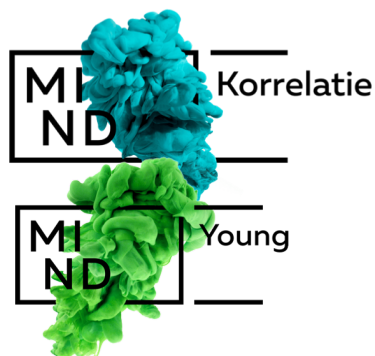
This website has details of helplines and websites for young people ALL OVER THE WORLD and in 100s of languages

www.childhelplineinternational.org



This website and phone line are based in the Netherlands and offer a confidential advice service for young people on anything which is worrying them

www.kindertelefoon.nl - 0800-0432



Mental health support and counselling for young people and adults

www.mindkorrelatie.nl & **www.mindyoung.nl**



Support and advice for the LGBTQ community

www.switchboard.coc.nl



Drug and alcohol information and advice

www.jellinek.nl



Website and helpline for the prevention of suicide

www.113.nl - 113 or 0800-0113